ABSTRACT OF THE DISCLOSURE

A ball lens includes a connector body that couples or attaches to a dental curing light so as to capture at least some of the light emitted by the light source, an elongate light guide extending from the connector body, and a light-emitting ball at an end of the light guide distal to the connector body. The ball can be used to hold a matrix band against an adjacent tooth prior to and/or while incrementally curing a light curable composition.

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